

Insight Meditation of Cleveland Mentee Application

Name

Address

Email

Phone

1) Why do you want to be a mentee?

2) What is your current meditation practice?

3) Are you in any meditation classes or groups other than IMC?

4) Have you been on any retreats? If so, which ones and how many?

5) Briefly describe yourself, your family life, interests, education, profession or anything else that may be helpful for your mentor to know.

Send application to Lori Kearns at Lorickearns@gmail.com

The information will help provide an appropriate match for you. It will be protected and shared only with IMC leadership.

To the Mentee:

"This is not a psychotherapy session. Generally, no effort is made to explore a story or to fix a problem. What and how things happen are the focus rather than why. Appropriate topics could include: the techniques or "how" of practice; an experience that you had during practice; a daily life experience and how it relates to practice." Excerpt from Seattle Insight Meditation Interviews with Local Dharma Leaders